IgD-lambda multiple myeloma without renal failure: an unusual presentation.

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INTRODUCTION

❖Immunoglobulin D multiple myeloma is a rare form of myeloma having often an aggressive course , affecting 2% of all cases. It shows frequentely renal failure, Bence Jones proteinuria and the difficulties of diagnosis.This report describes a rare case of an uncommon condition and highlights the fortunate aspects of this patient's unfortunate diagnosis.

CASE REPORT

❖ A 59 years old man, without any background history.
❖He was admitted in an hospital center of onco-hematology for dorsolumbar and pelvic bone pain of progressive onset ,associated with an altered general state.
❖Physical examination revealed a spinal and bone syndromes, and mucocutaneous pallor. There was no lymphadenopathy or hepatosplenomegaly

RESULTS

❖His full blood count report revealed anemia (haemoglobin 9.7 g/dL) with normal white blood cell and platelets counts.
❖Bloodchemistries showed : normal levels of urea (0,36 g/L) and creatinine (9,7 mg/L); normal levels of serum total protein and albumin :79g/l and 38g/l.
❖Albumin adjusted calcium was high: 112 mg/l
❖Radiologic assesment has not demonstrated any lytic bone lesion.
❖The serum protein electrophoresis SPE: Presence of a monoclonal band in beta2globulin region with a quantitation of 5g/l + decrease in gamma globulins.
❖ The immunofixation electrophoresis IE of the serum and urine reported as IgD-Lambda paraproteinaemia.
❖The bone marrow aspirate confirmed a multiple myeloma with 79% of plasma cells. Thus, the patient was put on chemotherapy + Biphosphonates with a good clinical and biological improvement.

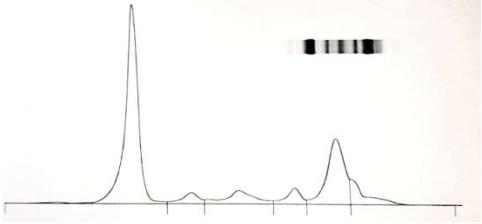

Figure 1. SPE showing a peak monoclonal in beta2globuline region+ decrease in gammaglobulins

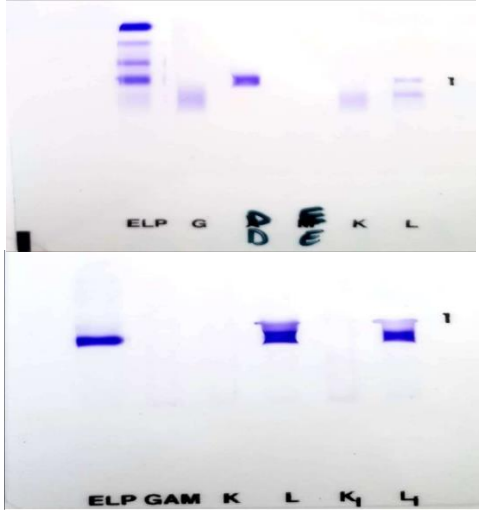

Figure 2. IE of the serum (1) and urine (2) revealed IgD-Lambda paraproteine.

DISCUSSION

❖ Immunoglobulin D multiple myeloma is rare, with an incidence of about 2% of all patients diagnosed with myeloma. It tends to present at a younger age, favor male gender, and have more features of high-risk disease vs others.[1] Unlike other myelomas, lambda light chain predominance is a characteristic feature of IgD myeloma and is seen in 70% to 90% of cases.[2]
❖ Furthermore, IgD myeloma has been shown to present with higher rates of renal failure and Bence Jones proteinuria compared to other myelomas.[3] Because the serum concentration of physiologic IgD is present at a much lower concentration compared to IgG and IgA .the M-spike on electrophoresis is often very small or even unrecognizable in IgD myeloma wich make his diagnosis very difficult .[4]
❖Our case is unusual due to the absence of renal failure at presentation, a beneficial status uncommon in IgD myeloma

CONCLUSION

Judging from the related literature, it seems that Immunoglobulin D multiple myeloma without renal failure is a very rare disease affecting younger population with poor prognosis. With some exceptions, patients often end up on hemodialysis despite better control of the hematological component.

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